Romans 6:17 But God be thanked, that though you were once servants of sin, you have now yielded to a hearty obedience to that system of truth in which you were instructed. (Weymouth)

This system of truth centers on the death, burial, resurrection and ascension of Jesus Christ with the restoration of man as the object. In Paul's system of truth, the eight points are eight links which have their center in redemption. All the links are dependent upon each other. These links make up a chain which are interdependent upon each other for the strength of the whole.

There are 8 points of Paul's System of Truth (Mark Hankins):

1. Paul's Pneuma Concept: Spirit, Soul, and Body
2. Identification with Adam
3. Man's Condition in Adam
4. What Happen to Jesus---From the Cross to the Throne
5. Identification with Christ
6. Who we are and What we have Now in Christ
7. What Jesus is Doing for us Now
8. How to Grow up in Christ

Paul's teachings are what Jesus carried away with him unuttered. "The gospels are a photograph of our redemption through Jesus, but Paul's letters are an x-ray --- what God saw." (Mark Hankins)

I. PAUL'S PNEUMA CONCEPT: SPIRIT, SOUL, AND BODY

A. MAN: SPIRIT, SOUL, AND BODY

To understand Paul's pneuma concept, we need to understand the makeup of man.

1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God, Your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

   spirit- Gr. pneuma
   soul- Gr. psuche
   body- Gr. soma

Hebrews 4: 12 For the word of God is living and powerful and sharper than any two-edged sword, piercing even to the division of soul (psuche) and spirit (pneuma).

We can easily understand the part of man that is our body, but it takes the Word of God to distinguish between the soul and the spirit.
We are a spirit, we have a soul, and we live in a body. Our spirit and soul are housed in our body.

When we are born again we are born of God---- born of His Spirit.
   John 4: 24 God is a Spirit
            God is a Pneuma.
John 3: 6 That which is born of flesh is flesh; and that which is born of Spirit (Pneuma) is spirit (pneuma).

God, our Heavenly Father is known as the Father of spirits (pneumas). Our spirit (pneuma) is the part of us that is like God. He is "Daddy Pneuma" of his children--"little pneumas."
"Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits (pneumas) and live?"
Hebrews 12: 9
"The Spirit (Pneuma) you have received adopts you and welcomes you into God's own family. That's why we call out to Him, 'Abba, Father!' as we would address a loving Daddy."
Romans 8: 15.

**Man is a pneuma being.**

We as pneuma beings have a soul (psuche). The soul is our mind (intellect), reasoning, and emotions. The psuche man is referred to as "the natural man." "But the natural man receives not the things of God, for they are foolishness unto him; neither can he know them because they are spiritually (pneuma) discerned." 1 Corinthians 2:14
Before we were born again (born of God's Spirit), we as natural men let our intellect, reasoning, and emotions guide our lives. We make our decisions according to our intellect, reasoning, and emotions from the information we gathered from the seen world.

Our spirit (pneuma) and soul (psuche) live in a body (soma). Our bodies are wonderfully made to give us information (sight, hearing, taste, touch, smell) and "store" information in our brains and carry out through our members what needs to be done on this earth.

Paul tells us; "I (pneuma) keep under my body (soma) and bring it (soma) into subjection." 1 Corinthians 9:27. We (pneumas) are to "renew our minds to the Word of God and present our bodies as living sacrifices." Romans 12: 1,2  It is by "our spirit (pneuma) that we mortify the deeds of the body (soma)." Romans 8: 13

1 Timothy 4:8 AMP  " For physical training is of some value, but godliness (spiritual training) is of value in everything and in every way, since it holds promise for the present life and for the life to come." Spiritual training is pneuma training: actually we are learning to let the real us---the pneuma have ascendency over our soul and our body as God created us to function in the beginning. But how? We let the Word of God rule over our lives by coming under the tutorage of the Holy Spirit---the Holy Pneuma who guides us into all truth, by walking in the love of God which is fellowshipping with the Father and each other and praying in the spirit (pneuma).